

The families of the young people involved in the Getting a Life project will have the chance to attend their own support sessions to find out more about things like self-directed support and customised employment. The content of these will be agreed by the families themselves and sessions will also offer the chance to share ideas and experiences with other local families.

The **Young Leaders** programme in North East Lincs will be led by Tricia Nicoll, who is a disabled woman and who works as an independent consultant. Tricia also has 2 disabled foster children. If you want to talk to Tricia about the Young Leaders programme, please do get in touch.



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Young Leaders



Getting A Life In North East Lincs!



Young Leaders

The Getting a Life project is working with 12 sites around England to look at what needs to happen to make sure that young people with learning disabilities leave school or college and get a paid job and the life they want.

Young Leaders is part of Getting a Life and it will support the young people involved to think about their lives; their hopes and dreams.

Young Leaders has two parts - **Leadership training** and **peer mentoring**.

All the young people that are part of the Getting a Life project will have the chance to have a **peer mentor** - this is someone who is a bit older than the young person and who can share their experiences. It will be someone who lives near the young person and who likes the same things. They will help the young person they are supporting to :

- Make new friends
- Think about their life
- Try new things



There will also be a **Dragon's Den style leadership event** where the young people from the Getting a Life project come together in their area to think about the skills and gifts they have and what they could offer to future employers - either when they leave school or college or as a Saturday job. We will get local businesses involved as the 'Dragons' and the aim is for young people to **actually get jobs** from the event!

